



Senior Wellness Group

Lebanon Library, 3rd Floor
104 E. Washington St., Lebanon, IN 46052

Please join **Zionsville Meadows** and partnering sponsor **American Health Network**, at the **Lebanon Library**, the first Tuesday of every month from 12pm - 1pm, for this special Senior Wellness Group. These events are free and will feature various guest speakers each month on topics such as proper diet, exercise, health screenings and much more! Healthy snacks will be served. RSVPs are requested but not required. Contact Josh at 317-873-5205 to RSVP, or for additional information.



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