

the CLIMB

AN EXERCISE PROGRAM FOR PEOPLE WITH PARKINSON'S DISEASE

**WE ARE EXCITED TO ANNOUNCE OUR PARTNERSHIP
WITH THE INDIANA PARKINSON'S FOUNDATION
BY PROVIDING A PARKINSON'S BASED EXERCISE PROGRAM!**

The Climb offers group based activities geared towards common symptoms and deficits. We recognize that each client comes with their own set of strengths and weaknesses.

The Climb also offers individual assessments to formulate personal goals. Each Climb instructor is a certified health-related professional. All individuals with Parkinson's and their caregivers are encouraged to participate at any and all stages of the disease.



**CLASSES START
APRIL 2017!**

JOIN US IN *CLIMBING* TOWARDS A STRONGER YOU!

PLEASE CONTACT
ERIC SATTERTHWAITE
AT 317-253-6950 FOR
YOUR **FREE** CONSULTATION
AND ASSESSMENT TODAY!

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