



Personalized
Memory Care

at Aster Place



Highly Personal, Whole Person Wellness and Care

Each Memory Care resident has his or her unique life story, which continues to unfold. At American Senior Communities, we're out to fully leverage and support that story. Through a continuous, shared journey of discovery, we help each resident create new chapters of personal satisfaction and success each day by incorporating scientifically sound, association-endorsed best practices in ways that are innovative, proactive, inclusive and individualized.

We begin with a strategy founded on wellness rather than illness, developing and continuously adapting a personalized pathway for support along seven dimensions:

- Physical
- Social
- Intellectual
- Spiritual
- Emotional
- Occupational
- Environmental

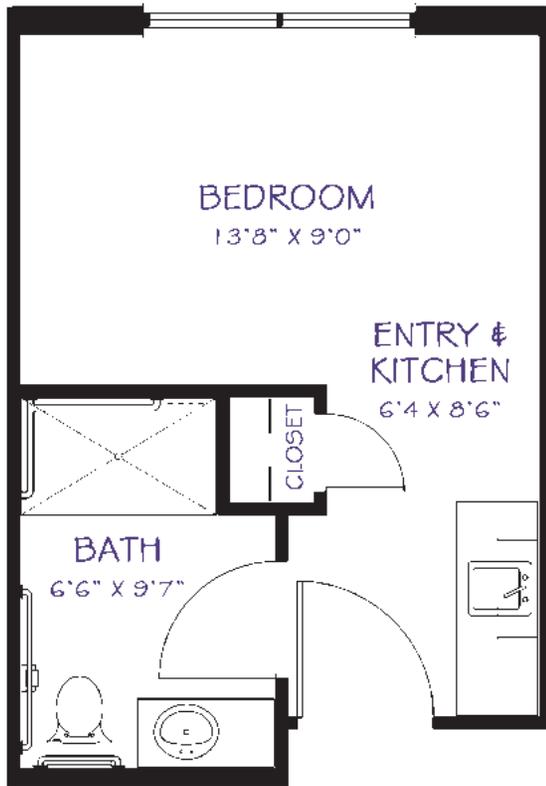
Moreover, Memory Care living at American Senior Communities is highly personal. Through an initial discovery process among care staff, the resident and his or her family, we learn unique and specific details about the resident's younger life, career, relationships, defining moments, hobbies, interests and values. This intimate knowledge helps us adapt activities and responses that can reduce anxiety, improve emotional well-being and enrich living.

Services & Amenities

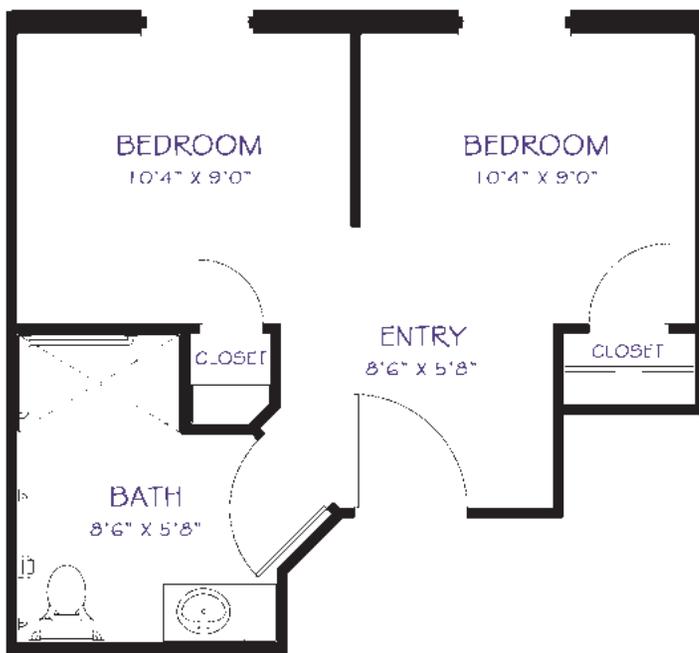
Memory Care living at American Senior Communities is highly personal. Our Memory Care neighborhoods are "communities within communities." More than providing enhanced safety, specially trained staff and activities of special benefit to those living with cognitive challenges, we are committed to truly providing "person-centered care."

- Our Splendid Table culinary experience
- A Daily Wellness activities program emphasizing 7 domains of wellness
- Whole Wellness Care planning
- Cottage Connections caregiver support and educational group
- Innovative and holistic care practices
- Team members specifically trained in dementia care
- Virtual Dementia Tour™ experience offered to all team members
- Displays of interactive artwork encouraging reminiscence and exploration
- Beautiful, easily accessible courtyards
- Access to occupational and physical therapy onsite
- Professional beauty and personal care services
- Transportation
- Housekeeping and personal laundry services

Studio
243 sq. ft.



Companion Living
331 sq. ft.



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As the premier provider of Memory Care residences and services, American Senior Communities is dedicated to innovative, inclusive and personalized living.

Through whole-person, wellness based enrichment programs and support, informed by the latest, most credible science, we honor each day we share with each person who calls our community home.

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